

2001

Session

(MSW)

(group therapy)

(acupuncture therapy)

( )

1)

Creedmoor ATC(Addiction Treatment Center)

, OASAS(Office Of Alcoholism and Substance Abuse Service) 13 site

(cost-effective) service

ATC 13

1998 1999

2

( ATC 1998-1999 Annual Report)

a. 92%가

b. 63%가

c. 64%가 가

d. 81%가 (comorbidity, dual disorder) .

가 .

e. 38%가 criminal justice system .

Creedmoor 35 32% 가

Creedmoor staff (director) (RN),

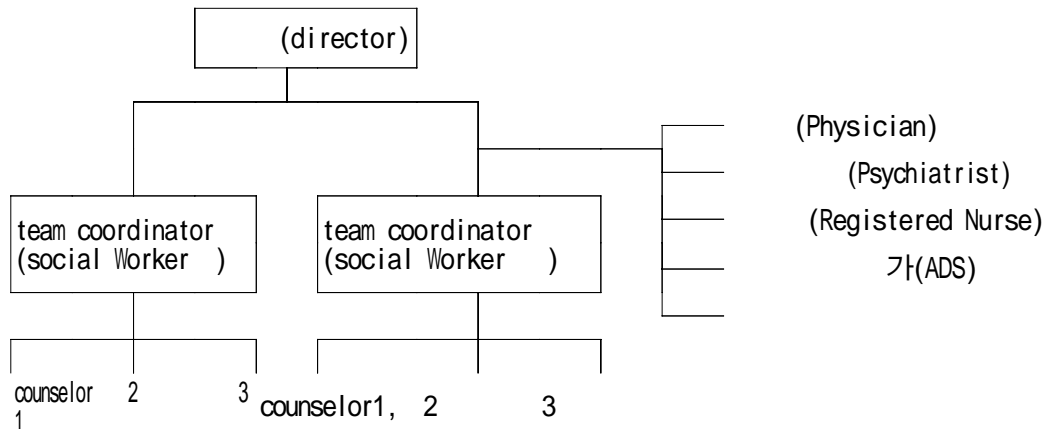
(CASAC-Credentialed Alcohol and Substance Abuse Counselor),

(Social Worker), (Physician), (Psychiatrist)

, 26 32 staff .

ADS(Acupuncture Detoxification Specialist)가

가 ADS



bio-psycho-social

## 2) Bio-psycho-social

Biology perspective

가

Antabuse, Naltrexone

DSM- (Diagnostic Statistical Manual of

Mental Disorder)

(chemical

dependency)

(cirrhosis),

(heart disease),

(cancer),

(malnutrition)

, (behavioral problem)

(dishonesty),

, , 가 .  
(chronic) ,  
(progressive) 가  
(craving) .  
(fatal) . ,  
, , , ,  
bio psycho 가  
Creedmoor 가  
bio 가  
가  
.  
Psycho-social  
81% 가  
psycho-social  
,  
Creedmoor 2  
( ) 가  
(marijuana) (cocaine)  
opioid 가  
psycho-social  
,modality OASAS bio-psycho-social  
, psycho-social  
.

가

가 Creedmoor

가

3)

Creedmoor

,

(abstinence)

(recovery)

가

(group therapy)

.

CASAC

가

80

.

group

8 10

가

(emotional

ventilation)

.

.

,

(tolerance)

가

,

,

,

.

(defense mechanism)

(denial),

(projection),

(rationalization)

,

.

(confidentiality)

group rule

.

가

4)

NADA(National Acupuncture Detoxification Association)

陽 陰  
陽 陰  
Sympathetic Shenmen(spirit gate) (kidney) (liver)  
(lung)  
(craving)  
(withdrawal syndrome)  
(substance-induced anxiety disorder)  
(self-help group) AA(Alcoholic Anonymous),  
NA(Narcotics Anonymous), CA(Cocaine Anonymous)  
가 가  
(detoxification), (Relapse  
Prevention) NADA  
certificate가  
ADS 50

가

가

가

가

(Meditation),

5)

가

3 50 60%가

Modality

" (Mental Hygiene Law) "

(Requirement for the operation of drug-free substance  
abuse program)"

, psycho-social

가

bio-psycho-social

가 가 , 가

·  
(prevention)

가 ,

, ,

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